

MAZALA DOSA

Allergen & Dietary Guide · Unit 13, The Food Dock, Gloucester GL1 2EP

FOOD SAFETY NOTICE. Our kitchen handles all 14 statutory allergens. While we take every care to prevent cross-contamination, we cannot guarantee any dish is 100% free from traces of allergens. **Please always inform a team member of any allergies or intolerances before ordering.**

KEY: ✓ = Allergen Present (blank) = Not Declared VE = Vegan GF = Gluten Free

Cel = Celery Cru = Crustaceans Egg = Eggs Fis = Fish Lup = Lupin Mlk = Milk/Dairy Mol = Molluscs
Mus = Mustard Ses = Sesame Soy = Soya Sul = Sulphites Pea = Peanuts TNu = Tree Nuts Glu = Gluten/Wheat

	Cel	Cru	Egg	Fis	Lup	Mlk	Mol	Mus	Ses	Soy	Sul	Pea
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	Cel	Cru	Egg	Fis	Lup	MLk	Mol	Mus	Ses	Soy	Sul	Pea
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Last reviewed: May 2026 · For severe allergies, please call ahead. Recipes may change — always reconfirm with our team. © Mazala Dosa Ltd. mazaladosa2025@gmail.com

INGREDIENT & ALLERGEN DETAILS BY DISH

STARTERS & BITES

Vegetable Samosa [VE]

Potato, peas, South Indian spices, wheat flour pastry, sunflower oil.

Allergens: **Gluten/Wheat**

Gobi Manchurian [VE]

Cauliflower, cornflour, soy sauce, garlic, chilli, sugar, pepper, onion.

Allergens: **Soya, Sulphites, Gluten/Wheat**

Onion Bhaji [VE] [GF]

Onion, gram (chickpea) flour, aromatic spices, sunflower oil.

Allergens: **None declared**

Paneer 65 [GF]

Paneer (milk), cornflour, spices, curry leaves, chilli.

Allergens: **Milk/Dairy**

Medhu Vada [VE] [GF]

Urad dal (black lentil), spices, sunflower oil.

Allergens: **None declared**

Chicken 65 [DF]

Chicken, cornflour, spices, curry leaves, yoghurt, chilli.

Allergens: **Eggs, Gluten/Wheat**

Chicken Chukka [GF] [DF]

Chicken, roasted cumin, fennel seeds, curry leaves, pepper, oil, chilli.

Allergens: **None declared**

Lamb Chukka [GF] [DF]

Lamb, roasted cumin, fennel seeds, curry leaves, pepper, oil, chilli.

Allergens: **None declared**

Prawn Chukka [GF] [DF]

Prawns, roasted cumin, fennel seeds, curry leaves, pepper, oil, chilli.

Allergens: **Crustaceans**

Tawa Fish [GF] [DF]

Sea bass, Chettinad spices, oil.

Allergens: **Fish**

STREET FOOD & CHAAT

Pani Puri [VE]

Semolina/wheat puri, potato, chickpeas, tamarind, mint, spices.

Allergens: **Gluten/Wheat**

Dahi Puri

Semolina/wheat puri, potato, chickpeas, spices, yoghurt, tamarind, green chutney.

Allergens: **Milk/Dairy, Gluten/Wheat**

Bel Puri [VE]

Puffed rice, puri, tamarind, sev, gram flour.

Allergens: **Gluten/Wheat**

Samosa Chaat

Crushed samosa, chickpeas, yoghurt, chutneys.

Allergens: Milk/Dairy, Gluten/Wheat

Avocado Fusion Chaat

Avocado, chickpeas, fresh herbs, chutneys, yoghurt.

Allergens: Milk/Dairy

Chicken Chaat

Chicken, onions, fresh herbs, chutneys, yoghurt.

Allergens: Milk/Dairy

Vada Pav [DF]

Potato fritter, soft bun, chutneys, chilli.

Allergens: Mustard, Gluten/Wheat

Dahi Vada [GF]

Lentil fritters, yoghurt, spices, tempered mustard.

Allergens: Milk/Dairy

Fries [VE] [GF]

Potato, sunflower oil, salt.

Allergens: None declared

Mazala Fries [VE] [GF]

Fries tossed in signature spice blend.

Allergens: None declared

Paneer Loaded Fries [GF]

Fries, paneer, chutneys, fresh herbs.

Allergens: Milk/Dairy

Chicken Loaded Fries [GF]

Fries, chicken, creamy sauce, chutneys, cheese, fresh herbs.

Allergens: Milk/Dairy

STREET WRAPS

Crispy Chicken Wrap [DF]

Chicken, wheat flour wrap, salad, sauces.

Allergens: Gluten/Wheat

Crispy Paneer Wrap

Paneer, wheat flour wrap, salad, sauces.

Allergens: Milk/Dairy, Gluten/Wheat

Lamb Chukka Wrap [DF]

Lamb, spices, wheat flour wrap, salad, sauces.

Allergens: Gluten/Wheat

DOSA

Classic Plain Dosa [VE] [GF]

Fermented rice & lentil batter. Coconut chutney & sambar.

Allergens: None declared

Ghee Roast Dosa [GF]

Dosa roasted in ghee (dairy). Chutneys & sambar.

Allergens: Milk/Dairy

Classic Mazala Dosa [VE] [GF]

Dosa with spiced potato filling (mustard tempered).

Allergens: Mustard

Rava Dosa [VE]

Crispy lacy dosa made with semolina (wheat).

Allergens: Gluten/Wheat

Mysore Hot Chutney Mazala Dosa [VE] [GF]

Mazala dosa with fiery red chutney & spiced potato.

Allergens: Mustard

Paneer Mazala Dosa [GF]

Dosa with spiced paneer (dairy) filling.

Allergens: Milk/Dairy, Mustard

Kari Mazala Dosa [GF] [DF]

Dosa with spiced chicken or lamb filling.

Allergens: Mustard

UTHAPPAM

Onion Uthappam [VE] [GF]

Thick rice & lentil pancake topped with onion.

Allergens: None declared

Veg Supreme Uthappam [VE] [GF]

Uthappam topped with mixed vegetables.

Allergens: None declared

Kari Uthappam [GF] [DF]

Uthappam topped with egg, onion, tomato, spices and choice of chicken or lamb.

Allergens: Eggs

IDLI

Plain Idli [VE] [GF]

Steamed rice & lentil cakes. Chutneys & sambar.

Allergens: None declared

Ghee Podi Idli [GF]

Idli tossed in ghee (dairy) & podi (lentil powder, asafoetida).

Allergens: Milk/Dairy

Sambar Idly [VE] [GF]

Idli soaked in sambar (lentils, tamarind, mustard-tempered spices).

Allergens: Mustard

CURRY POTS

Chettinad Homestyle Curry Chicken [GF] [DF]

Chicken, coconut, poppy seeds, fennel, curry leaves, Chettinad spices.

Allergens: None declared

Andhra Lamb Curry [GF] [DF]

Lamb, roasted spices, curry leaves.

Allergens: None declared

Veg Kola Curry [VE] [GF]

Vegetable dumplings (gram flour, vegetables), coconut curry, spices.

Allergens: None declared

Malabar Prawn Curry [GF] [DF]

Prawns, coconut milk, curry leaves, mustard-tempered spices.

Allergens: Crustaceans, Mustard

BIRIYANI BOWLS

Chicken Biryani [GF] [DF]

Basmati rice, chicken, spices, ghee. Raita & curry sauce.

Allergens: None declared

Lamb Biryani [GF] [DF]

Basmati rice, lamb, spices, ghee. Raita & curry sauce.

Allergens: None declared

Veggie Biryani [GF] [DF]

Basmati rice, mixed vegetables, spices, ghee. Raita & curry sauce.

Allergens: None declared

SWEET ENDINGS

Gulab Jamun

Milk solids, wheat flour, cardamom, rose sugar syrup.

Allergens: Milk/Dairy, Gluten/Wheat

Phirni

Semolina, milk, cardamom, pistachio garnish.

Allergens: Milk/Dairy, Tree Nuts

Trio of Cotswold Ice Cream

Three scoops Cotswold ice cream (dairy). Chocolate may contain soya/gluten.

Allergens: Milk/Dairy

Chocolate Brownie

Wheat flour, eggs, butter (dairy), chocolate.

Allergens: Eggs, Milk/Dairy, Gluten/Wheat